Deb,

Sounds wonderful! Where are you in Florida?

I visited the folks on Thursday. I'm off work for a few days while we move to a new building. Dad isn't doing very good. He's been having insulin reactions daily and sweats. Also he sat on the toilet for about an hour after lunch.

Laura told me you are a hypochondriac, so I am sending you a book: "The Hypochondriac's Guide to Life. And Death." It was written by Gene Wiengarten, a former Detroit Free Press reporter who I used to leak unfavorable Food Stamp audits to when I worked for Social Services in the 70s.

Carol is in New York getting trained to do neurofeedback. Won't be back until next Friday. Looks like the weather up north is going to be nice this weekend, so I think I'll head up there and do some hiking.

Steve