

December 4, 1994

Dear Mom and Dad,

Enclosed is the information Carol has collected on H. pylori, the bacterial infection of the stomach she has been treated for. Although it didn't cure all the symptoms she hoped it would, some are better. She no longer gets short of breath with exercise. Her sister in Maine got treated also, and it cleared up a problem with indigestion and heartburn she'd had for 20 years.

Thanks for the \$1000. We are thinking seriously about a trip to Cozumel, an island off the east coast of Mexico, next March. We've asked some friends to go with us. They scuba dive and they say Cozumel is a great place for it. If we get our plans set, I will take scuba lessons this winter.

I ran in a 5K (3.1 mile) race at Potter Park today. My time was 21:17. When I was 40, I could run 5K in 18:30.

Amy has her flight plan set for Christmas. She will arrive in Grand Rapids the evening of December 22 and leave the evening of December 27. I talked to her today. She'd seen an ad for a job with an environmental consulting firm, and she has the computer experience they were looking for. The pay is over \$20,000, much more than she is getting now. I hope she find something she likes and that pays well enough so she doesn't feel she has to go to graduate school.

Tom says he is flying home for Christmas, but I don't know his plans yet.