

1/26/04

Dear Mom,

Did you like Cold Mountain? We saw it and thought it was pretty depressing, but a good movie. You probably read the book first, so knew what to expect.

Nina likes Howard Dean. So do Carol and I. But any of the contenders would probably be OK. I need to do some research on the Internet. Each has a web site with their positions on various issues. Have you learned to use Google yet?

On Saturday, I drove Carol to Mt. Clemons for a meeting with some neurofeedback practitioners. Yesterday I baked bread and made the red bean mixture for red beans and rice, but started so late that it wasn't done in time for dinner. We will have it tonight. For my bread, I am following the recipe on the whole wheat flour package. It calls for 1/2 cup of crushed walnuts, which gives otherwise plain whole wheat bread a little flavor.

Love, Steve